



®

Fit by Five Preschool

SCHOOL PICTURES

October 7th & 8th Wed & Thurs

Thomas & Thomas Photography of Avon Lake will once again be taking the individual and class pictures this year during your child's class time. The form that came home last week can be turned in on or before picture day. Please remember your purchase is optional. **WE MAKE NO MONEY OFF THESE PICTURES – PURCHASE ONLY IF YOU WANT THEM.**

Monthly Payment Information

For those of you new to Fit by Five there has been some confusion on the payment schedule. Payments are due the first of each month and you will be prepaid 1 month in advance. For instance, the payment due at the beginning of October is for November classes. We do this for planning purposes.

If you need a reminder, we have a small payment due schedule / check off sheet. Use this to keep track and avoid late fees. A late fee of \$10/week is charged when there is a balance due on your account. We do give you a short grace period of 1 week so that you may bring in your payment when you come in for class and do not need to make a special trip in. You may also elect to add Fit by Five to your monthly auto pay at your bank.

Any questions, please see the office.

Special Days in October

Columbus Day - 10/12

Navy Day – 10/27 *Thank a Vet*

October 2020



Halloween Parties

Costumes may be worn on the party days only. Remember the children are still very active and warm costumes end up being taken off. No masks or play weapons please. We will observe Halloween with special songs and crafts. Halloween class parties for:

T/Th classes will be Thursday, Oct 29th

M/W/F classes will be Friday, Oct 30th

We will do a "Trick or Treat" at the end of class.

If you would like to bring in a treat to share, please drop off before the start of class. All items must be pre-packaged and individually wrapped.

Health Code

If your child is not feeling well, please keep them at home and contact the office to let us know. You may return to school 24 hours after the symptoms are gone without the use of medication. If a child exhibits illness during class time, we will call you to pick up your child before dismissal time. Thank you for understanding.

PLEASE CALL US IF YOU WILL BE LATE PICKING UP YOUR CHILD. CHILDREN CAN BECOME ANXIOUS OR UPSET WHEN THEY SEE PARENTS PICKING UP THEIR CLASSMATES, BUT THEY DO NOT SEE YOU.

OFFICE (440) 835-8558



PERKY KIDS

Beth Lopez ~ Director

This month, the Perky Kids will be learning:

- Oval and triangle shapes
- Numbers 1 & 2
- Brown and Green Colors
- Letters D, E and F

October 7th ~ Wednesday
PICTURE DAY
During class time.

October 16th ~ Friday
I LIKE FALL DAY

Bring or wear something that has to do with the Fall season.

October 19th ~ Monday
FARM DAY

Wear or bring something in for this show & tell day that has to do with a farm.

October 30th ~ Friday
HALLOWEEN CELEBRATION



MINI PRESCHOOL

Kim King ~ Director

October 7th & 8th Wed/Thurs
LETTER C is for Cupcake

October 7th & 8th Wed / Thurs
PICTURE DAYS
During Class Time

October 12th & 13th Mon/Tues
LETTER D is for Duck

October 14th & 15th Wed/Thurs
NUMBER 2
(Bring number bag with 2 items in it.)

October 19th & 20th Mon/Tues
ORANGE DAY (Wear something orange)

October 21st & 22nd Wed/Thurs
LETTER E is for Egg

October 29th & 30th Thurs/Fri
Halloween Parties - Wear your costumes to class.

Preschool

Donna Gray ~ Director

We are pleased how well our preschoolers have settled in! Please wear the colors listed below, as we continue with our color days. Wear something as small as socks or a hat, or as big as a shirt or pants in the color of the day.

October 5th & 6th Mon / Tues
GREEN DAY

October 7th & 8th Wed / Thurs
PICTURE DAY (During class time.)

October 9th Fri
PURPLE & ORANGE DAY

October 15th & 16th Thurs/Fri
Letter **F** is for **Football Show & Tell** – Wear your brown & orange, scarlet & gray, or your favorite team colors to class.

Halloween Parties

Wear your costume to school. Please put your child's name on any loose parts.

Oct. 29th (Thurs) for T/Th class and Oct. 30th (Fri) for M/W/F classes.

Parents return 20 minutes early for Halloween songs & photo ops.

This month we will introduce the letters D, E, F & G. We will learn about #'s 1-5 and have fun with fall crafts and songs! **Remember to save your child's alphabet papers and you will have a complete book A-Z at year's end.**

PRE-K

Jen Wawzkiewicz ~ Director

“Fall” into Fun as Color Days continue in Pre-K. Wear something as small as socks or a hat, or as big as a shirt or pants in the color of the day. Show your colors on the following dates:

Friday, October 2nd
Yellow Day

Monday, October 5th
Green Day

Wednesday, October 7th
PICTURE DAY – during class time

Friday, October 9th
PURPLE & ORANGE Day

Please send in an orange snack for your child. Some ideas are goldfish crackers, orange slices, carrot sticks or orange cheese.

Friday, October 16th
Football Theme Day
(Cleveland Browns, Buckeyes, etc.) Wear your favorite team items and/or bring in football gear.

In October, we will continue to learn more letters of the alphabet, introduce rhyming words, and progress report testing along with Fall and Halloween activities.

Friday, October 30th
Halloween Party
Please wear your costume to class and bring in an individually wrapped treat for each of your classmates. We will also trick or treat and get in the “spirit” of the holiday. Parents please come back 15 minutes early and watch us celebrate!

**PRE-K PLUS
*ENRICHMENT***
Tues. & Thurs.
1:15 pm to 4:15 pm
Ages 4 & 5 Classroom "A"

"Pre-K Plus" – An enrichment program focusing on the further development of Kindergarten readiness skills. Schedule a visit through the office if your student is in Pre-K and you would like to add this class.

October 8th -Thursday- PICTURE DAY
Portrait purchase is optional. Your child will have their picture taken in both Pre-K and Pre-K Plus regardless of purchase.

HALLOWEEN CELEBRATION

Thursday, October 29th

We will be doing many Halloween activities during the month of October. Remember to wear your costume to class on the 29th, at which time you may bring in an individually wrapped Halloween treat for each of your classmates. Although we do not go trick or treating like the regular Pre-K classes, we will still have lots of fun!

Kindergarten Plus

Tues. & Thurs.
1:00 pm-4:00 pm
Ages 5 & 6 Classroom "B"
Jim DeMarsh ~ Director

Since so many school districts have decided not to re-open their buildings for in-person instruction, or have gone to hybrid or even shorter days, we have brought back our Kindergarten Enrichment Program!

We will focus on lots of socially active fun as a group, more tablework and plenty of coordination and balance activities. We will round out our three-hour class with concept obstacles, academic relays, sight words, phonics, open ended crafts, outdoor free time, and snack time (weather permitting), and more reading readiness skills.

October 8th Thursday ~ Picture Day
During your child's class time!

October 29th Thursday ~ Halloween Theme Day

Wear your favorite costume to class! Bring a pre-packaged treat to share!

A few reminders:

- While we continue to implement the Health Department guidelines, our building is open for parents. All we ask is that you please wear a mask, use hand sanitizer, and have your temperature taken. Thanks for understanding!
- We encourage parents to return 5 minutes early to hear the curriculum wrap up of concepts and activities your child learned during class.
- We are continuing with curbside drop-off and pick-up. You may also come in to pick up your child. We would like to get back to as normal of an operation as possible over time.
- Please send your child in comfortable clothes and rubber soled shoes. For safety reasons, flip flops and open sandals cannot be worn.
- Please remember to stop by the office to fill out an update form if you have a change of address and/or phone number. It is important that we have up-to-date information!



Not sure what to bring in for a classroom snack when your child is the snack leader? Consider these Peanut and Tree Nut free snacks:

- Goldfish
- Pretzels
- Graham crackers
- Teddy Grahams
- Fruit snacks
- Rice Krispie Treats
- Go-gurt/yogurt
- Mini muffins
- Pudding cups
- Crackers (wheat thins, saltines, ritz)
- Cheese sticks
- Animal crackers
- Plain oreos (blue package)
- Pirate's booty popcorn
- Vanilla wafers
- Pudding Cups
- Veggie Straws
- Applesauce
- Cheez-it crackers
- Cheerios (regular, apple, frosted)
- Nutri grain bars (soft baked varieties)

Just remember, all snacks must be pre-packaged! When choosing a peanut free snack for your child's class, it is always important to check the label on the package to make sure it is **free of peanuts and nuts** of all kinds. This list only serves as a resource.



Something for home

Children love target stations at Fit by Five. Target stations develop hand-eye coordination and the tossing/throwing motor skills.

Make sure the target is in a safe space, such as an empty end of the basement. For targets, use things that fall over easily (cups, boxes, blocks). Have the children toss objects that are not too hard, such as bean bags or whiffle balls.

Targets can be set up at eye level for children on the floor. Use your imagination! Have the child knock over all targets and then try to rebuild the target. Great fun for a rainy day!



Just for giggles!

How do you fix a broken jack-o-lantern?
With a pumpkin patch!

How does a scarecrow drink his juice?
With a straw!

What is a ghost's favorite dessert?
Boo-berry Pie!

Fit by Five Preschool, 29520 Center Ridge Road, Westlake, OH 44145
(440) 835-8558 Fax: (440) 835-8838 Email: officemanager@fitbyfive.com Website:
fitbyfive.com

Fit by Five Preschool, 29520 Center Ridge Road, Westlake, OH 44145
(440) 835-8558 Fax: (440) 835-8838 Email: officemanager@fitbyfive.com Website:
fitbyfive.com